

St Mary's Ascot – Co-Curricular Risk Assessment (April 2021)

References

The Government has published numerous COVID-19 guidance documents since the outbreak began. The list below sets out the key documents which the school has drawn on to write the Co-Curricular risk assessment. Staff should note Reference A (Schools coronavirus (COVID-19) operational guidance) which is of particular importance.

- A. [Schools coronavirus \(COVID-19\) operational guidance](#), published 22 February 2021 and updated 6 April 2021.
- B. [Working safely during coronavirus \(COVID-19\) – Performing Arts](#), published 11 May 2020 and updated 15 April 2021.
- C. [COVID-19: suggested principles of safer singing](#), published 20 November 2020.
- D. [Coronavirus \(COVID-19\): grassroots sports guidance for the public and sport providers](#), published 1 December 2020 and updated 8 April 2021.
- E. [Advice for Riding Schools in England, COVID-19 Spring Response](#), published 25 February 2021 and updated 1 April 2021

Co-Curricular activities

Lead: Mr A Smith, Director of Co-Curricular

Area for consideration	Concern	Control Measures
Extra drama lessons	<p>Transmission of COVID-19 – <i>“There may...be an additional risk of infection in environments where...dance or drama takes place.” (A); “Individual lessons in...drama can continue in schools...” (A); “The overarching objective should be to reduce the number of contacts amongst pupils, and between pupils and staff, including for rehearsals and performance.” (A).</i></p> <p>Staff – likely to be working in other schools or educational settings. <i>“Peripatetic staff can move between schools. Such staff and visitors must follow your school’s arrangements for managing and minimising risk based on the system of controls.” (A)</i></p> <p>Shouting – <i>“There is some evidence that additional risk can build from aerosol transmission with volume...This is particularly evident for singing and shouting.” (A)</i></p> <p>Interaction between pupils in lessons <i>“The overarching objective should be to reduce the number of contacts amongst pupils” (A).</i></p>	<ul style="list-style-type: none"> Lessons must be timetabled in spaces which allow full social distancing (2m) between pupils and teacher; this distance must be maintained as far as practically possible throughout the lesson. Rooms must be well ventilated with windows open. Paired lessons can only take place if both pupils are in the same bubble. Face coverings should be worn in line with the school’s general guidance on wearing face coverings in lessons. Peri staff must comply fully with general school policy on social distancing and hygiene. All staff must maintain a 2m distance from pupils and other staff; this prohibits any physical correction. AFS and LM to meet with Drama peri staff before teaching commences to inform them about this best practice during COVID. Peripatetic staff will be given the opportunity to take part in the school’s COVID testing programme. Shouting during lessons to be avoided where possible. Where shouting is deemed necessary for a performance, risk in individual cases to be assessed dynamically taking into account the size of the teaching space, the proximity of performers and/or staff and ventilation in the room. Teachers must aim to reduce <i>“as far as possible any time that individuals are not able to maintain social distancing”</i>. (B) Performers should be encouraged to be positioned <i>“side-to-side or back-to-back and avoiding face-to-face wherever possible.”</i> (B) AFS/LM to meet with peri teachers to pass on guidance before teaching commences.

	Sanitisation of props/furniture	<ul style="list-style-type: none"> • Scripts should not be shared by pupils – each must have their own copy of a script, clearly named. • Pupils and teachers must wash their hands before and after each lesson. • Props and furniture used during a lesson must be sanitised by pupils before and after use; teachers should ensure that cleaning protocols are being followed.
Drama Rehearsals and Performances	<p>Social distancing – drama productions are often cast using pupils from various year groups. How would this work if we cannot mix year groups? <i>“The overarching objective should be to reduce the number of contacts amongst pupils” (A).</i></p> <p>Audience – <i>“You should not host any performances with an audience.” (A)</i></p> <p>Audience – <u>only when performances with live audiences are permitted.</u></p>	<ul style="list-style-type: none"> • All drama rehearsals and performances must be planned to avoid contact between pupils from different bubbles. • Teaching and performance material should be chosen which limits the required cast size or allows for episodic performances so that pupils from only one bubble appear on stage or in rehearsals at any one time. When this is not possible, social distancing must be in place between pupils from different bubbles whilst backstage and appearing on stage. The director must ensure that adequate distancing is in place at all times. • When more than one bubble is involved in a production, each bubble should rehearse independently from the others as far as possible, and preferably until production week. Once different bubbles are rehearsing together, please follow guidance as per “Performances – drama, music and dance” on Pg. 18-20 (below). • Teachers must aim to reduce <i>“as far as possible any time that individuals are not able to maintain social distancing”.</i> (B) • UNTIL FURTHER NOTICE THERE SHOULD NOT BE ANY PERFORMANCES GIVEN IN FRONT OF A LIVE AUDIENCE. Alternative performance arrangements, such as recorded or live streams, should be considered. • Size of audience to be assessed in advance of performance taking into account size of venue, probable number of attendees and ability to socially distance different bubbles. There must always be at least 2m distance between different bubbles in an auditorium. Audience should be seated to ensure suitable social distancing from stage/performers.

	<p>Technical crew</p> <p>Cleaning</p> <p>Rehearsal guidance</p> <p>Costumes</p>	<ul style="list-style-type: none"> • No parents permitted to performances on site. Productions will be live streamed where possible so parents can watch online. LM to discuss this possibility with performing rights companies to secure appropriate licences. • Auditorium must be well ventilated throughout a performance. • Where possible, backstage crew to be made up of girls from same bubble as cast; where not possible, social distancing in place at all times. No pupils to be permitted to enter technical box. • Accurate rehearsal schedules (including venues) to be shared with Housekeeper. • Pupils will be responsible for sanitising their own props and furniture before use, supervised by the director. <p>The following guidance, provided by “Working safely during coronavirus (COVID 19) – Performing Arts Guidance” (B) should be followed:</p> <ul style="list-style-type: none"> • Maintain social distancing wherever possible in rehearsals and performance. • Map out productions in advance of commencing in-person rehearsals. • Learn lines or parts in advance to avoid carrying scripts in rehearsals. • Avoid rehearsing and performing face-to-face where possible. • If close contact is absolutely essential, minimise this where possible. • Maximise social distancing where possible if shouting is required. • Performers to attend rehearsals only when required for their part. <p>Pupils encouraged to provide their own costumes where possible. Some productions may require costume fitting where social distancing and avoidance of face-to-face contact is impractical. In these instances the following advice from “Working safely during coronavirus (COVID 19) – Performing Arts Guidance” (B) should be followed:</p> <ul style="list-style-type: none"> • Pupils and teacher should sanitise hands before any costume fitting. • Pupils should try on, fasten and unfasten costumes unassisted. • When assistance is required, avoid face-to-face positioning when possible.
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	Hair and make-up	<ul style="list-style-type: none"> • Teacher and pupil should wear a face covering. • Directors should aim to avoid quick changes during performances. <p>To reduce cross-contamination risk:</p> <ul style="list-style-type: none"> • Individual cast members' costumes should be stored separately and hung in plastic covers. • Cast members' own clothes should be stored in plastic bags. • Costumes should be laundered between uses by different pupils. <p>Pupils should be asked to do their own hair and make-up. Where assistance is required:</p> <ul style="list-style-type: none"> • Avoid face-to-face positioning when possible. • When not possible, minimise time spent in close contact. • Teacher must wear a face mask. • Pupils should supply (or be supplied with) their own make-up kit, brushes and hair products to avoid cross-contamination.
Extra music lessons	<p>Transmission of COVID-19 – <i>“There may...be an additional risk of infection in environments where singing, chanting, playing wind or brass instruments...takes place.”</i> (A); <i>“Individual lessons in music...can continue in schools...”</i> (A); <i>“The overarching objective should be to reduce the number of contacts amongst pupils, and between pupils and staff, including for rehearsals and performance.”</i> (A).</p> <p>Sanitisation</p>	<ul style="list-style-type: none"> • Extra music lessons will be taught face-to-face only in rooms identified as offering a minimum 2m distance between teacher and pupil. • All teaching spaces have windows that must be opened during lessons to aid ventilation. • Rehearsal rooms are fitted with a Perspex screen to provide additional protection for face-to-face teaching. • Teacher and pupil must keep 2m apart. • As far as possible, extra music teachers should teach in the same room for the duration of the day. • Face coverings should be worn in line with the school's general guidance on wearing face coverings in lessons. • Pupils must wash their hands before and after their lesson. • It is the pupil's responsibility to sanitise instruments, visors, equipment and furniture before use in an extra music lesson or practice session and wipes and gels will be provided.

	<p>Staff – likely to be working in other schools or educational settings: <i>“Peripatetic staff can move between schools. Such staff and visitors must follow your school’s arrangements for managing and minimising risk based on the system of controls.” (A)</i></p> <p>Singing – extra risk of aerosol contamination</p> <p>Brass and woodwind – extra risk of aerosol contamination</p> <p>Remote lessons and solo practice</p>	<ul style="list-style-type: none"> • It is the teacher’s responsibility to remind pupils of their duties and to sanitise any instruments, equipment or furniture that they use themselves. • Signs are placed in all practice rooms to remind pupils of their responsibilities. • Peri staff will be expected to comply with general school policy on social distancing and hygiene. • Breaks should be taken in the teaching space or outside if possible. • Only two members of staff may use the peripatetic staff room at any one time. • All teachers and pupils will be given the option of working remotely if they would prefer. • Peripatetic staff will be encouraged to take part in the school’s COVID testing programme, collecting home-testing kits from the school. • Teachers and pupils are provided with individual face visors which should be worn during lessons in smaller rehearsal rooms. • Brass and woodwind lessons to take place in larger spaces where possible, offering 3m+ social distancing. • Where this is not possible, teaching staff must ensure extra mitigation factors are in place, such as screens, masks and/or visors. • Consideration must be given to the positioning of players in relation to the teacher and each other, particularly for instruments with lateral transmission (flute, piccolo etc.). • Rehearsal/Performance schedules for wind/brass sessions should be given to the Housekeeping team so they can ensure strict cleaning of carpets overnight. • Smaller downstairs rehearsal rooms can be used by individual pupils for remote lessons or practice. • Only one pupil is permitted in a smaller (those offering less than 2m social distancing) rehearsal space at any one time.
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	Instrument storage	<ul style="list-style-type: none"> • Pupils must wash their hands before and after their rehearsal, practice or lesson. • It is the pupil's responsibility to sanitise instruments, visors, equipment and furniture before use in an extra music lesson or practice session and wipes and gels will be provided. • Signs are in all practice rooms to remind pupils of their responsibilities. • Instruments to be stored neatly in the music storage cupboard. • Pupils must wash their hands or use sanitising gel before entering the storage cupboard. • Only one pupil may enter the storage cupboard at any one time. • Pupils must sanitise their own instrument/case before storing it in the cupboard. • Visors should be stored in the shared lockers. Lockers should be shared between girls in the same year group bubble.
Music ensembles – singing and instrumental	<p>School ensembles – minimising risk of transmission in line with government guidance: <i>“There may, however, be an additional risk of infection in environments where singing, chanting, playing wind or brass instrument, dance or drama takes place.”</i> (A)</p> <p><i>“Taking account of the evidence, and if other national and local guidance on the control of COVID-19 is followed, singing is considered safer when the following actions are taken:</i></p> <ol style="list-style-type: none"> As required by national guidance, people with symptoms suggestive of COVID-19, or who are known to have been in recent contact with others who have COVID-19, do not participate in singing or attend singing events. 	<ul style="list-style-type: none"> • <i>“Singing, wind and brass playing should not take place in large groups such as choirs and ensembles...unless significant space, natural airflow and strict social distancing and mitigation can be maintained.”</i> (A) • <i>“Playing instruments and singing in groups should take place outdoors wherever possible. If indoors, consider limiting the numbers in relation to the space.”</i> (A) • Group sizes for ensemble singing and playing should be assessed depending on the size of the rehearsal room. • Where practical, rehearsals and performances should be arranged so that the participants are all from the same bubble; where this is not practical, clear regard must be given to the arrival and departure of pupils to and from a rehearsal/performance and the grouping of pupils so that <u>appropriate social distancing is maintained at all times</u>. The following should be considered: <ul style="list-style-type: none"> ○ Staggered arrival times for girls in different bubbles ○ Separate entrances for girls in different bubbles ○ Planning the positioning of girls from different bubbles in advance of the rehearsal or performance

	<p>2. Singing takes place only in larger well-ventilated spaces, or outdoors.</p> <p>3. Performance or rehearsal is for limited periods of time at a reduced level of loudness, using microphones for amplification if available.</p> <p>4. Limited numbers of people sing together.</p> <p>5. Singers are spaced at least 2 metres apart in all directions (at least 1 metre apart if the additional measures or controls recommended in government <u>COVID-19 guidance for the performing arts</u> are applied).” (C)</p>	<ul style="list-style-type: none"> • Ensemble singing and playing should take place in the Chapel or another large space that can enable social distancing to be in place between all participants. <i>“If indoors, use a room with as much space as possible, for example, larger rooms; rooms with high ceilings are expected to enable dilution of aerosol transmission.” (A)</i> • Windows must be open at all times to keep the space well ventilated. • 2m social distancing should be in place between all singers, players and conductors. <i>“Schools should observe strict social distancing between each singer and player, and between singers and players, and any other people such as conductors, other musicians or accompanists...2 metres is appropriate.” (A)</i> • To avoid the sharing of music, each pupil should have their own copy of the repertoire, clearly named, and should not lend this music to other participants. • <i>“Pupils should be positioned back-to-back or side-to-side when playing or singing (rather than face-to-face) whenever possible.” (A)</i> • Wind and brass players should be positioned so that <i>“the air from their instrument does not blow into another player” (A)</i> • The use of music stands should be avoided if possible, but if not they should be wiped down and disinfected by singers at the start and end of each rehearsal (overseen by the ensemble leader). • Players are responsible for the sanitisation of their own instruments and should not share with other pupils where possible. Where this is not possible (e.g. piano) players are responsible for wiping down and sanitising this equipment before and after use, overseen by the ensemble leader. <p>UNTIL FURTHER NOTICE THERE SHOULD NOT BE ANY PERFORMANCES GIVEN IN FRONT OF A LIVE AUDIENCE. Alternative performance arrangements, such as recorded or live streams, should be considered.</p>
Visiting speakers	Visitors on site – need to reduce the risk of spreading infection.	<ul style="list-style-type: none"> • Where possible, speakers should be encouraged to deliver their talks remotely via Teams. • If a speaker is invited on to site, they must abide by the general rules for visitors in the school’s main risk assessment.

	<p>Audience</p> <p>Catering</p>	<ul style="list-style-type: none"> • Each visiting speaker should be allocated a host who will accompany them for the duration of their visit. • Hosts should meet speakers at Reception and take them directly to venue. • 2m social distancing to be in place at all times. • Timings should be arranged so that the visiting speaker is on site for the minimal amount of time required. • The size of the audience should be determined based on the size of the space and the ability to socially distance different bubbles of pupils from one another safely. Bubbles must maintain 2m social distancing in the auditorium at all times. • Audience should be seated to ensure suitable social distancing (2m) from stage/speaker(s). • Pupils must be reminded by host not to approach the speaker at the end of the talk. Pupils should be directed to remain in their seats if they wish to ask further questions. • It will not be possible to host visiting speakers for a lunch or supper. For other catering needs or refreshments the host should speak directly with the catering manager.
Trips	<p>Viability – <i>“In line with the roadmap, schools can resume educational day visits from 12 April” (A)</i></p> <p>General guidance to minimise risk</p>	<ul style="list-style-type: none"> • Domestic educational day trips can take place. • Residential and overseas visits are not permitted until further notice. • Trip leaders must prepare a thorough risk assessment for each trip, using the guidance below, indicating clearly the measures in place for mitigating against the spread of COVID-19. • Risk assessments for all trips must be signed off by the Director of Co-Curricular. • In the first instance, HoDs should look at alternative ways in which their academic provision can be enhanced virtually. • “Essential” trips (generally those required by exam boards for the completion of a programme of study) should be planned in consultation with the Director of Co-Curricular.

	<p>Social distancing on trips</p> <p>Travel – government guidance When using dedicated transport “<i>It is important, wherever it is possible, that:</i></p> <ul style="list-style-type: none"> ○ <i>Social distancing is maximised in vehicles</i> ○ <i>Pupils...sit with their bubble on school transport</i> ○ <i>Pupils clean their hands before boarding transport and again on disembarking</i> ○ <i>Additional cleaning of vehicles is put in place</i> ○ <i>Organised queuing and boarding is put in place</i> ○ <i>Fresh air (from outside the vehicle) through ventilation is maximised, particularly through opening windows and ceiling vents. (A)</i> <p>Venues</p>	<ul style="list-style-type: none"> • HoDs must check with exam boards to see if any alternative requirements to trips have been put in place. • Teachers and pupils must abide by current government guidance on social distancing at all times during a trip. • Trips should be limited to single year groups/bubbles. Where it is preferable for more than one year group to attend, separate transport (with appropriate staffing levels) must be used for each year group. • Year groups must maintain 2m distance from each other at all time for the duration of the trip. • Public transport must not be used. • The school has obtained COVID-safe risk assessments from Hodge’s Coaches, Apple Travel and Hamilton’s Buses. If wanting to use a different coach provider, trip leaders must request the coach company's COVID policy before booking transport and gain approval for its use from the Director of Co-Curricular. • School minibuses to be cleaned thoroughly before/after each use. • When walking, avoid prolonged interaction with general public (e.g. waiting in queues). • Trip leaders should carry hand sanitiser at all times and encourage its use by participants when deemed appropriate, and particularly before boarding or after disembarking vehicles. • Staff and pupils to wear face coverings for the duration of the journey. • Windows or air vents must be opened where possible to maximise ventilation. • Trip leaders must acquire COVID policies for any venues or external activity providers being visited/used on the trip and must ensure that these policies are included in the risk assessment and communicated clearly to pupils and staff on the trip. • Trips should avoid crowded spaces or those which would require extended interaction with the general public.
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	<p>PPE</p> <p>Risk Assessments</p> <p>Duke of Edinburgh Expeditions</p>	<ul style="list-style-type: none"> • Trip leader must plan for and follow national guidance for wearing PPE at all stages of a trip. • Face coverings (or other PPE) should be distributed to pupils at start of trip if required. • Risk assessments for all trips must be signed off by the Director of Co-Curricular. • Risk assessments must include the measures taken to mitigate against the risk of COVID-19 in the following areas: <ul style="list-style-type: none"> ○ Travel/Transport ○ Staff/Pupil Social Distancing ○ Whilst at venues ○ Travelling between venues ○ Activities (if appropriate) • Risk assessments of transport companies and venues must be incorporated into trip risk assessments. • Risk assessments must be communicated clearly to and shared with all supervising staff. • Current DofE guidance has made allowances for expeditions until Summer 2021, and these should be followed in order to provide opportunities for pupils to continue through their awards. All guidance can be found at www.dofe.org and includes the following information: <ul style="list-style-type: none"> ○ All levels can now camp on school grounds ○ All levels can use the same location and can be familiar (wild country is not currently required for Gold) ○ All levels – participants can return home to sleep ○ Silver practice can count as Bronze qualifying
Sports teaching/coaching	Changing facilities	<ul style="list-style-type: none"> • Only one year group at a time to use a single changing room area during school day. • Changing facilities will be sanitized between uses by different bubbles. • When two or more bubbles are attending a timetabled sport session, each bubble should use a separate changing area with one group

	<p>Activities/Provision Governmental guidance regarding sport in schools must be followed: <i>“Where you are considering team sports you should only consider those sports whose national governing bodies have developed guidance under the principles of the government’s guidance on team sport and have been approved by the government” (A)</i> <i>“Outdoor sports should be prioritised where possible, and large indoor spaces used where it is not, maximising ventilation flows...distancing between pupils, and paying scrupulous attention to cleaning and hygiene.” (A)</i></p> <p>Sharing of equipment “Resources that are shared between classes or bubbles, such as sports...equipment should be cleaned frequently. When sharing equipment between different bubbles, you should either:</p> <ul style="list-style-type: none"> • Clean it before it is moved between bubbles • Allow them to be left unused for a period of 48 hours (72 hours for plastics)” (A) 	<p>entering and exiting through the boot room, the other through the OC.</p> <ul style="list-style-type: none"> • During evening sports sessions the changing rooms will be split into year group zones so that pupils can use them as required whilst maintaining 2m social distance from pupils in other year groups. Pupils should get changed in their allocated zone and sanitise their changing area before and after use, using the wipes provided. • The Director of Sport will be responsible for arranging the timings of groups using the changing facilities. • All current government guidance pertaining to the provision and playing of sport must be followed. • Where possible, sports provision must focus on outdoor, non-full-contact sports. • St Mary’s must only provide team sports that can be found on the list available here. • The Director of Sport must produce a COVID-safe risk assessment for sports being taught. The risk assessments must demonstrate clearly the mitigating factors in place to prevent the spread of COVID-19. • Individual sport risk assessments must be approved by the Director of Co-Curricular. • The Director of Sport is responsible for sharing risk assessments with all sport staff, including visiting teachers/coaches. • Equipment to be stored in “bubble boxes” and equipment in a bubble box will be used by that bubble only. • Regular sanitising of bubble boxes and equipment therein must take place between each use. • Where sharing of equipment between bubbles is unavoidable, equipment must be sanitised before and after each use. • During a lesson, the sharing of sporting equipment between pupils should be avoided.
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	<p>Teaching/Coaching</p> <p>Tennis</p> <p>Groupings</p> <p>Shouting <i>“Shouting...increase[s] the risk of transmission, particularly in close proximity situations and when face-to-face. Coaches and substitutes should refrain from shouting, and those on the pitch should avoid it where possible.” (D)</i></p> <p>Horse Riding / Equestrian / Polo – specific advice about participating in these sports</p>	<ul style="list-style-type: none"> • It is the responsibility of the pupil, overseen by the teacher/coach, to wipe down and sanitise equipment before each use. • During a lesson, pupils should avoid face-to-face contact where possible. • Pupils and staff to keep 2m social distance as far as possible and must minimise as far as possible the time spent closer than 2m. • Staff should use own equipment to demonstrate skills and techniques. • In paired tennis lessons, both girls being taught must be in same bubble. • In team training for tennis, it is permissible to play against an opponent from a different bubble, but doubles partners should be from the same bubble. • Social distancing must be encouraged within year groups. • Where possible, groups should remain the same for the duration of a lesson to minimise cross contamination of equipment. • Different year groups (bubbles) must train separately. • The Director of Sport must communicate to all sports staff the risk of infection posed by shouting. • Teachers and coaches must communicate this advice with pupils and monitor. • Outdoor riding arenas are now open and lessons for children and adults can take place. Indoor arenas can be used for “<i>children who were under 18 on 31 August 2020</i>” (E) • If a pupil wishes to participate in equestrian sport sessions run by the school: <ul style="list-style-type: none"> ○ The school must obtain a risk assessment from the venue to ensure it is COVID secure.
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	<p>Other external clubs or facilities (e.g. hockey, netball, gymnastics)</p> <p>Chaperoning</p>	<ul style="list-style-type: none"> ○ Requirements outlined in the venue's risk assessment must be communicated clearly to pupils in advance of a session. ○ The accompanying member of staff must ensure to the best of their ability that mitigation measures are followed • If pupils wish to make private arrangements to engage in equestrian sport according to the guidance above: <ul style="list-style-type: none"> ○ The school must obtain a risk assessment from the venue to ensure it is COVID secure. ST will be responsible for obtaining risk assessments for equestrian sports. ○ Risk assessments must be shared and approved by the Director of Co-Curricular before girls can be sent out to external riding schools/liveries. ○ Requirements outlined in the venue's risk assessment must be communicated clearly to pupils in advance of a session. ○ The Head of House must get agreement in writing from a parent that their daughter will comply with all mitigation measures outlined both in the risk assessment and by current government guidance. ○ If a pupil requires a chaperone, they must follow the guidance outlined in "Chaperones / Travelling to external clubs or facilities" below. • The Director of Sport is responsible for obtaining up-to-date risk assessments from all external sports clubs (excluding equestrian sports) that pupils attend. • Risk assessments must be shared and approved by the Director of Co-Curricular before girls can be sent out to external clubs. • Chaperoning pupils in taxis will not be a compulsory responsibility for staff since they might need to be within 2m of a pupil for an extended period of time. <ul style="list-style-type: none"> ○ Should a member of staff be willing to chaperone pupils in a taxi, both staff and pupils will be required to wear a face covering whilst in the taxi.
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	<p>Spectators</p> <p>Other sporting events</p>	<ul style="list-style-type: none"> • Visiting teams should be sent a copy of the school's Fixtures Risk Assessment in advance of a fixture; schools will be asked to confirm that they have read and agree to abide by the directions laid out in the risk assessment. • "Spectators are not permitted to attend sporting events taking place on private land, other than adults needed to supervise under-18s that they have a responsibility for or providing care or assistance to a person with disabilities participating in an organised sporting event or activity." (D) • Spectators (including parents) will not be able to attend sports fixtures until further notice. • To continue a full programme of sport, intra-school year group fixtures may be organised throughout the week. • Teams must comprise members of a single year group, playing against a team comprising members of the same year group. • See guidance above about use of changing facilities. • Pupils should bring their own water bottles – no drinking directly from water fountains. • Risk assessments pertaining to individual sports as drawn up by the Director of Sport must be followed at all times.
Dance	<p>Mitigating against transmission</p> <p><i>"Where an individual is operating on a peripatetic basis, such as a teacher...or choreographer, and operating across multiple groups or individuals:</i></p> <ul style="list-style-type: none"> • <i>Maintaining distancing requirement with each group</i> • <i>Avoiding situations where distancing requirement is broken, for example demonstrating partnering work in dancing</i> • <i>Making efforts to reduce the number of groups interacted with and locations worked in, to reduce number of contacts made" (B)</i> 	<ul style="list-style-type: none"> • All dance lessons, rehearsals and performances must be planned to avoid contact between pupils from different bubbles. • Pupils from different bubbles must be taught and rehearse independently from each other. • Teachers must maintain required social distancing (2m) from pupils at all times. • Rooms must be kept well ventilated with windows open. • To mitigate against the risk of transmission, the following guidance should be followed: <ul style="list-style-type: none"> ○ Use back-to-back or side-to-side positioning (rather than face-to-face where possible)

	<p>Costumes, hair and make-up for performances.</p> <p>Sanitisation of spaces</p>	<ul style="list-style-type: none"> ○ Reduce the number of people each performer has contact with by considering the use of fixed groups or partnering (so each person works with only a few others). ○ Ensure rehearsal spaces have adequate ventilation; windows must be open and/or other ventilation systems must be in operation. ○ Design repertoire, rehearsals, training and performance to avoid situations where performers cannot socially distance, wherever feasible. ○ Reduce, as far as possible, time when individuals are not able to maintain social distancing ○ Reduce group/cast sizes where possible to maintain social distancing. <ul style="list-style-type: none"> • See guidance in Drama Rehearsals and Performances (Pg. 4-5 above). • Pupils and teachers must wash their hands before and after a lesson/rehearsal. • Pupils are responsible for sanitising any equipment before use in lessons/rehearsals under the supervision of the teacher/choreographer.
Alexander Technique	Social distancing	<ul style="list-style-type: none"> • Teacher will write her own risk assessment which will be reviewed by the school. • Risk assessment and practice will take into account the guidance provided by the Complementary and Natural Healthcare Council (CNHC) and the Close Contact Services guidance from the government. • Sessions must take place in a space that allows for a minimum of 2m social distancing between teacher and pupil. • Masks should be worn by both teacher and pupil. • Teacher and pupil to wash their hands at the beginning and end of the session. • Disposable paper covering to be used for the couch. • Teaching spaces must be well ventilated with windows open at all times.

		<ul style="list-style-type: none"> Teacher will give the pupil the option of remote sessions or “no touch” sessions. Pupils in school who opt to have remote sessions will be allocated a boarding bedroom, such as Arrowsmith, for the session, if their own boarding room isn’t suitable, and which will be included in the cleaning protocol.
Clubs and Societies	<p>Prevention of transmission</p> <p>Sanitisation</p>	<ul style="list-style-type: none"> If feasible, clubs and societies should be run remotely using online channels such as Teams/Yammer. If it is considered desirable for clubs/societies to meet in person, the mixing of pupils from different bubbles must be considered carefully. It is advised strongly that groups meeting in person should comprise pupils from only a single bubble/year group. A meeting comprised of pupils from different year groups may be safe and possible provided: <ul style="list-style-type: none"> The venue size allows <u>robust social distancing</u> between bubbles; A system is in place so that bubbles arrive/depart at different times so as to prevent mixing of bubbles in corridors; The activity will not require pupils from different bubbles to mix; Pupils are arranged side-by-side or back-to-back rather than face-to-face Teachers must consider all the above if planning a meeting comprised of pupils from different bubbles and communicate their plan to the Director of Co-Curricular for approval. For activities in which pupils will be using equipment (e.g. Camera Club, Lego Club, Painting and Drawing Club etc.) pupils from different bubbles must not share equipment during a single session, and all equipment must be sanitised between sessions. As with academic lessons, pupils are responsible for wiping down areas/surfaces before use.
Performances – drama, music, dance	Are performances permitted?	<ul style="list-style-type: none"> <i>“You should not host any performances with an audience. You may wish to consider alternatives such as live streaming and recording performances...”</i> (A)

	Audience/Capacity	<ul style="list-style-type: none"> • PERFORMANCES IN FRONT OF LIVE AUDIENCES ARE NOT PERMITTED UNTIL FURTHER NOTICE. • <u>Once restrictions have been lifted</u>, the following guidance in respect to live performances should be followed: <ul style="list-style-type: none"> ○ Performances in front of a live audience must ensure that audience capacity is limited to allow for adequate social distancing to be in place. ○ Only St Mary's pupils and staff are permitted to attend performances until further notice. ○ Audiences must be seated at all times. ○ The audience must be placed at least 2m away from the stage though, depending on the nature of the performance, this might need to be increased. ○ Directors/choreographers/conductors should ensure that steps are taken to avoid audiences needing to unduly raise their voices, such as shouting, cheering, chanting and singing along. ○ During performances, the backstage and front-of-house areas must be kept separate – audience members should not visit the performers backstage and vice-versa.
	Performers and social distancing	<ul style="list-style-type: none"> • Directors/choreographers/conductors should try to minimise the number of performers in a show and, where possible, limit the performers to a single bubble. • Where this is not possible, it is vital that performers from different bubbles are socially distanced from each other both on and backstage – this will include allocating separate dressing rooms to each bubble. • Directors and stage managers must explain clearly to performers the route each bubble is to take to travel between their dressing room and the stage to maintain social distancing; possible ideas could include: <ul style="list-style-type: none"> ○ Implementing a one-way system around the building; ○ Marking out zones backstage for each bubble/backstage crew; ○ Placing markers on the stage. • Performers must wash their hands before entering the backstage area.

		<ul style="list-style-type: none"> Where props are being used, handling should be limited to the minimum possible number of people and cleaned after every performance.
Community Service	Ascot Grange / Thames Hospice	<ul style="list-style-type: none"> Girls are not permitted to undertake work experience at these sites until further notice.